

From: Sky Kershner [<mailto:skykershner@gmail.com>]
Sent: Monday, December 17, 2012 7:57 PM
To: undisclosed-recipients:
Subject: Resources for Parents Help re school distress events

Disaster Helpline from the Mental Health Services Administration

Disaster Distress Helpline

<http://www.disasterdistress.samhsa.gov/>

Resources

Helping your children manage distress in the aftermath of a shooting

<http://www.apa.org/helpcenter/aftermath.aspx>

Managing your distress in the aftermath of a shooting

<http://www.apa.org/helpcenter/mass-shooting.aspx>

Five Questions on the Tucson, Ariz., Shootings for Psychologist Joel Dvoskin, PhD **please see # 3 question and response

<http://www.apa.org/news/press/releases/2011/01/tucson-shootings.aspx>

Helpful Hints for School Emergency Management:

Psychological First Aid (PFA) for Students and Teachers: Listen, Protect, Connect – Model & Teach

http://rems.ed.gov/docs/HH_Vol3Issue3.pdf

Listen, Protect, Connect – Model and Teach

Psychological First Aid for Teacher and Students

http://www.ready.gov/sites/default/files/documents/files/PFA_SchoolCrisis.pdf

After a Loved One Dies – how children grieve and how parents and other adults can support them

<http://www.newyorklife.com/newyorklife.com/General/FileLink/Static%20Files/New%20York%20Life%20Foundation%20Bereavement%20Guide%20-%20After%20a%20Loved%20One%20Dies%20.pdf>

School Crisis Guide: Help and Healing in a Time of Crisis

<http://www.neahin.org/educator-resources/school-crisis-guide.html>

For additional help please contact or refer others to Diane Slaughter, Executive Director of the West Virginia Psychological Association at---

info@wvpsychology.org or phone 304-345-5805.

This information is distributed as part of the WVPA Public Education Program.

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Sky Kershner, 304-346-9689 x13
Kanawha Pastoral Counseling
www.kpcc.com